



Progression Document

Subject: Physical Education

Intent	Implementation	Impact
<p>Pupils participate in a wide range of physical activities whilst building confidence, contributing to their physical and emotional development and health.</p> <ul style="list-style-type: none">• Physical Education should be a fun and enjoyable experience for all.• We promote a healthy balanced lifestyle, physically and mentally.• Pupils gain knowledge on how to exercise safely.• Our pupils develop resilience.• We prepare our pupils' for life after school and ensure that they can be as independent as possible.	<ul style="list-style-type: none">• Physical Education is taught twice a week throughout the school.• Pupils have an opportunity to take part in a wide selection of lunch and afterschool clubs.• Pupils have the opportunity to take part in a number of external PE related festivals and tournaments.• These further develop their knowledge of individual activities and allow them to take part in ongoing physical activity.	<ul style="list-style-type: none">• The impact of the Physical Education curriculum will be evidenced by a triangulation of formal termly assessments, learning journals, half termly lesson plan reviews, learning walks as needed and observations by subject leads in conjunction with senior staff.• In addition, other hard data will be used as necessary to obtain a clear, coherent understanding of the success of Physical Education.