

DofE Subject Overview (2025-2027)

2 year programme to complete the specified level of the award.

- Year 1 focusses on completing the expedition and volunteering sections.
- Year 2 focusses on completing the physical and skills sections with continued development / introduction to the expedition training.
- Over the 2 years all 4 sections of the award will have been covered.
- For Volunteering, Physical and Skill, there is a requirement to spend 1 hour a week working on these sections, which can be 3, or 12 months depending upon the timescales the pupils select.

| | Autumn 1 | Autumn 2 | Spring1 | Spring2 | Summer 1 | Summer 2 |
|--|--|---|--|--|---|--|
| Bronze & Silver award 2025-2026 | Expedition training Including: <ul style="list-style-type: none">• Outdoor cooking• Erecting tents• Fitness work for expeditions.• Issuing of individual / some group kit. | Expedition training Including: <ul style="list-style-type: none">• Outdoor cooking• Erecting tents• Fitness work for expeditions.• First aid training• Emergency procedures. | Expedition training Including: <ul style="list-style-type: none">• Classroom based navigation training.• Fitness work for expedition.• Countryside code• Practical navigation training• | Expedition training Including: <ul style="list-style-type: none">• Planning of qualifying route• Classroom based navigation training• Selecting aim of expedition | Expedition training Including: <ul style="list-style-type: none">• Recapping of camp craft.• Final preparation for expeditions.• Practical navigation training• Complete expeditions. | Expedition training Including: <ul style="list-style-type: none">• Review of expedition.• Create the presentation.• Complete expeditions. |
| | Look at different, volunteering activities Agree choices Start volunteering activities. | Continue building hours of volunteering activities. | Continue building hours of volunteering activities. | | | Any additional hours of volunteering that need to be completed. |
| | Investigating possible physical activities. | | | | | |
| | Selection of physical activity. | Continue to build hours towards physical activity. | Continue to build hours towards physical activity. | Continue to build hours towards physical activity. | Completion of physical activity Review of physical activity | |
| | Start to build hours towards physical activity. | | | | | |
| | Investigating possible skills activities. | | | | | |
| | Selection of skills activity. | Continue to build hours towards skills activity. | Continue to build hours towards skills activity. | Continue to build hours towards skills activity. | Completion of skills activity Review of skills activity | |
| | Start to build hours towards skills activity | | | | | |

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| 2026 - 2027 | Investigate Outdoor discovery awards https://nnas.org.uk/outdoor-discovery-awards/ |
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