

Cooking and Nutrition Themes and Exams Overview 2025/26

Class 1

	Autumn	Spring	Summer
2024/2025	Food origins	Food preparation	Eatwell plate
2025/2026	Exploring safety and foods	Exploring hand tools and use	Exploring skills

Class 2 and 3

	Autumn	Spring	Summer
2024/2025	Soups	Breakfasts	Vegetables
2025/2026	Breads	Potatoes	Fruits

Class 4,5

	Autumn	Spring	Summer
2024/2025	Tinned foods	Smoothies	Salads
2025/2026	Exploring electrical equipment	Beans and pulses	Breads

Class 6, 7,8,9

	Autumn	Spring	Summer
2024/2025	Ready meals	Pasta	Hand held foods
2025/2026	Applying heat	Breads	Beans and pulses

CLASS 10	Autumn		
AQA UNIT AWARD SCHEME			
2024/2025	Pre Entry Level 117656 Life Skills: Basic Cooking with Support	Entry Level 70054 Preparing Simple Meals	
2025/2026	ENTRY LVEL 73724 Using a Pictorial Recipe to prepare food (Unit 3) - ALL		
CLASS 10	Spring		
2024/25	Pre Entry Level 105254 Safety and Hygiene in the kitchen with Support	Entry Level 72084: Basic Cooking Skills	
2025/26	105723 Planning and Preparing Food: Pizza ALL		
CLASS 10	Summer		
2024/2025	Create a book of dishes from across the World ALL		
2025/2026	Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods ALL		

CLASS 11	Autumn		
AQA UNIT AWARD SCHEME			
2024/25			
2025/2026	Entry Level 88347 Cooking and Nutrition (Unit 8) Healthy Breakfasts ALL		
CLASS 11	Spring		
2024/25	Pre Entry Level 105254 Safety and Hygiene in the kitchen with Support	Entry Level 72084 Basic Cooking Skills	
2025/26	Entry Level 1 105723 Planning and Preparing Food: Pizza ALL		
CLASS 11	Summer		
2024/2025	Create a book of dishes from across the World ALL		
2025/2026	Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods ALL		

CLASS 12	Autumn		
AQA UNIT AWARD SCHEME			
2024/2025	Entry Level 70054 Preparing Simple Meals ALL		
2025/2026	88347 Cooking and Nutrition (Unit 8) Healthy Breakfasts Entry Level ALL		
CLASS 12	Spring		
2024/2025	ALL Entry Level 72084 Basic Cooking Skills		
2025/2026	Entry Level 1 105723 Planning and Preparing Food: Pizza ALL		
CLASS 12	Summer		
2024/2025	Create a book of dishes from across the World ALL		
2025/2026	Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods ALL		

CLASS 13	Autumn		
AQA UNIT AWARD SCHEME			
2024/25			
2025/2026	Level 1 121766 Cooking and Food Preparation ALL		
CLASS 13	Spring		
2024/2025	Level 1 120915 Hospitality ALL		
2025/2026	Level 1 105723 Planning and Preparing Food: Pizza	Level 2 125141 Cooking for Life	
CLASS 13	Summer		
2024/2025	Create a book of dishes from across the World ALL		
2025/2026	Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods ALL		

FOOD AROUND THE WORLD

CLASS 14	Autumn	Spring	Summer
2024/2025	PSS Entry Level 1 Contributing to tasks (D/617/4817 – 2 credits)	PSS Entry Level 1 Contributing to tasks (D/617/4817 – 2 credits)	ALL Kitchen tasks reinforcing food knowledge, practical skills and health and hygiene.
2025/2026	PSS Entry Level 1 Healthy Eating (R/617/4426 – 2 credits)	PSS Entry Level 1 Healthy Eating (R/617/4426 – 2 credits)	ALL Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods

FOOD AROUND THE WORLD

CLASS 15	Autumn	Spring	Summer
2024/2025	<p>PSS Entry Level 1 Contributing to tasks (D/617/4817 – 2 credits)</p> <p>PSS Entry Level 2 Completing a task (H/617/4818 – 2 credits)</p> <p>PSS Entry Level 3 Completing a task (H/617/4558 – 3 credits)</p> <p>VS Entry Level 3 Basic Food Preparation (J/600/0711 – 2 credits)</p>	<p>PSS Entry Level 1 Contributing to tasks (D/617/4817 – 2 credits)</p> <p>PSS Entry Level 2 Completing a task (H/617/4818 – 2 credits)</p> <p>PSS Entry Level 3 Completing a task (H/617/4558 – 3 credits)</p> <p>VS Entry Level 3 Basic Food Preparation (J/600/0711 – 2 credits)</p>	ALL Kitchen tasks reinforcing food knowledge, practical skills and health and hygiene.
2025/2026	<p>PSS Entry Level 1 Healthy Eating (R/617/4426 – 2 credits)</p> <p>PSS Entry Level 2 Healthy Eating (J/617/4567 – 2 credits)</p> <p>PSS Entry Level 3 Healthy Eating (L/617/4568 – 3 credits)</p> <p>VS Entry Level 3 Basic Cooking (Y/502/4808 – 2 credits)</p>	<p>PSS Entry Level 1 Healthy Eating (R/617/4426 – 2 credits)</p> <p>PSS Entry Level 2 Healthy Eating (J/617/4567 – 2 credits)</p> <p>PSS Entry Level 3 Healthy Eating (L/617/4568 – 3 credits)</p> <p>VS Entry Level 3 Basic Cooking (Y/502/4808 – 2 credits)</p>	ALL Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods

FOOD AROUND THE WORLD

CLASS 16	Autumn	Spring	Summer
2024/2025	VS Entry Level 3 Basic Food Preparation (J/600/0711 – 2 credits) VS Level 1 Basic Food Preparation and Cooking (K/502/5042 – 3 credits)	VS Entry Level 3 Basic Food Preparation (J/600/0711 – 2 credits) VS Level 1 Basic Food Preparation and Cooking (K/502/5042 – 3 credits)	ALL Kitchen tasks reinforcing food knowledge, practical skills and health and hygiene.
2025/2026	VS Entry Level 3 Basic Cooking (Y/502/4808 – 2 credits) VS Level 1 Planning a Healthy Diet (K/504/7641 – 3 credits)	VS Entry Level 3 Basic Cooking (Y/502/4808 – 2 credits) VS Level 1 Planning a Healthy Diet (K/504/7641 – 3 credits)	ALL Food around the World – Exploring tastes, ingredients and methods from different countries favorite foods